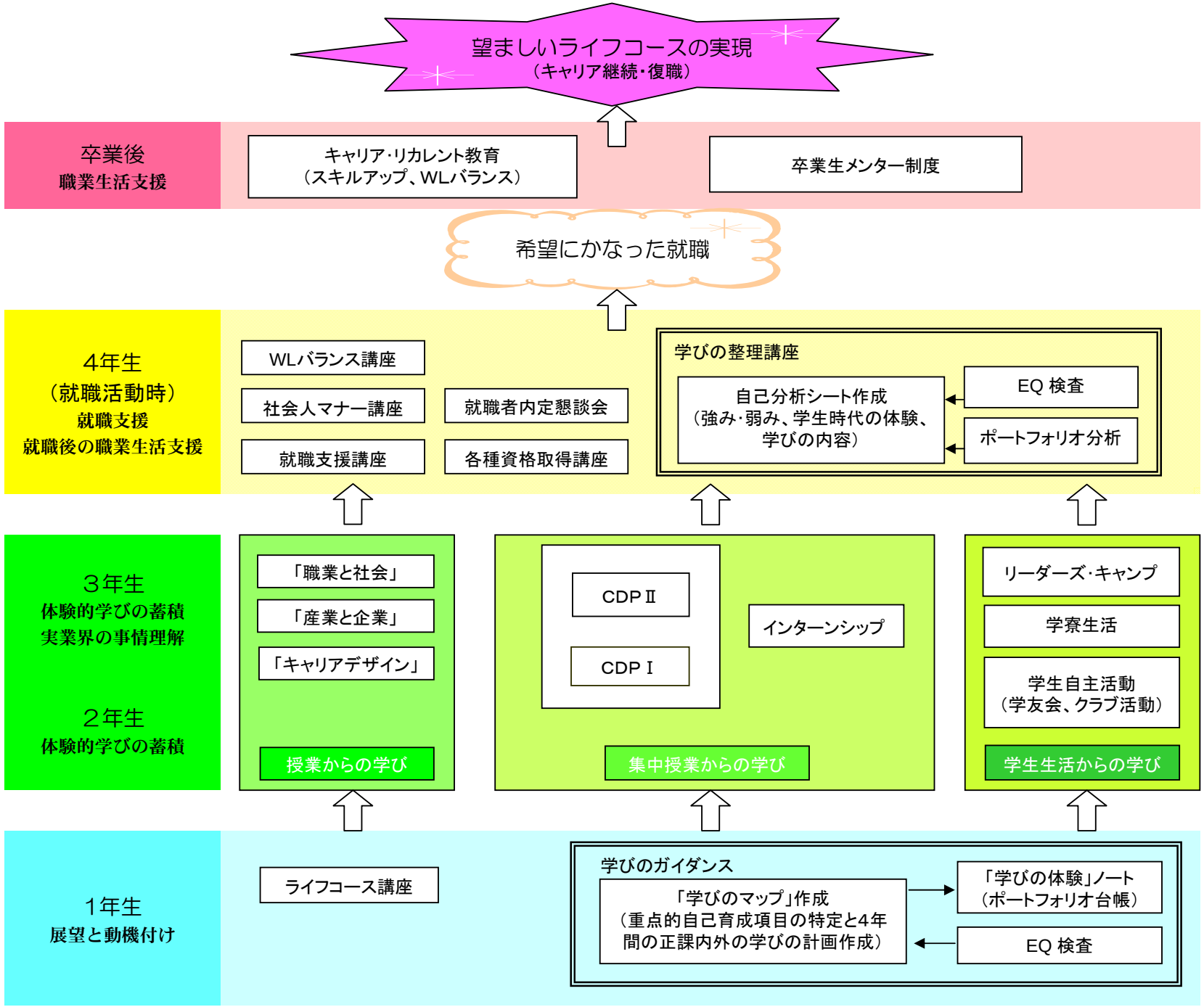大妻女子大学のキャリア教育体系